SIMPLY LUNCH MENU

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CODE	PRODUCT NAME	Dietary					ALERGENS													
		VEGETARIAN	VEGAN	DAIRY FREE	LACTOSE FREE	GLUTEN FREE	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS (TREE NUTS)	CELERY	MUSTARD	SESAME	SULHITES	LUPIN	MOLLUSCS
	GLUTEN FREE COLD EAT *Please note we need 48 hours notice*																			
GFA005	GLUTEN FREE Roast Chicken Salad Sandwich			x	x	x			x							x				
GFA007	GLUTEN FREE VEGAN Cheese & Sweet Pepper Jam Sandwich NEW	x	x	x	x	x						x						x		
GFB025	GLUTEN FREE Tuna Sweetcorn Roll					x			x	x			x							
GFB026	GLUTEN FREE Chunky Egg Roll V	x				x			x				x			x				
GFM008	GLUTEN-FREE Tuna Niçoise Salad **No Mayo**			x	x	x			x	x						x				
	COLD EAT RANGE																			
	DELI SANDWICHES																			
A002	Coronation Chicken on White						x		x			x	x			x				
A016	Chicken & Bacon Club on Granary			x	x		x		x			x				x				
A020	B.L.T on Granary						x		x			x	x							
A025	Cheddar Ploughman's on Granary V	x					x		x			x	x			x				
A052	Chunky Egg & Cress on Softgrain V	x		x	x		x		x			x				x				
A067	Smoked Salmon & Cream Cheese on Granary **No Mayo**						x			x		x	x							
A375	Roast Chicken Salad on Granary						x		x			x	x			x				
A489	Ham & Cheddar on Granary						x		x			x	x			x				
A538	VEGAN Sun-Blushed Houmous on Granary	x	x	x	x		x					x					x			
A568	Tuna & Sweetcorn on Oatmeal						x		x	x		x	x							
A601	Ham & Tomato Salad on Granary			x	x		x		x			x				x				
A619	Chicken Caesar & Avocado on Granary						x		x			x	x							
A620	Chunky Egg & Bacon on Granary						x		x			x	x			x				
A630	Sweet Chilli Prawn & Crab on Granary			x	x		x	x	x	x		x				x				
A640	Roast Chicken & Stuffing on White						x		x			x	x							
A651	Roast Beef & Mustard on White			x	x		x		x			x				x				
A653	VEGAN Avocado & Tomato Salad on Granary	x	x	x	x		x					x								
A658	Minty Chicken Tikka on Granary						x		x			x	x							
A660	King Prawn on Poppy Seed						x	x	x				x			x				
A661	VEGAN Sweet & Spicy Pakora on White **No Mayo**	x	x	x	x		x													
A668	Brie & Roquito Chutney on Farmers V **No Mayo**	x					x					x	x							
A711	VEGAN Coronation Chickpea on Granary NEW	x	x	x	x		x					x				x				
A712	All Day Breakfast on Granary NEW						x		x			x	x			x				
	EVERYDAY SANDWICHES																			
A034	Chicken & Sweetcorn on Granary						x		x			x	x			x				
A060	Chicken Mayonnaise on Granary						x		x			x	x							
A084	Tuna & Cucumber on Wholemeal						x		x	x		x	x							
A191	Chicken & Bacon on White			x	x		x		x			x				x				
A199	Cheddar Cheese on White V **No Mayo**	x					x					x	x							
A241	Smoked Ham on White **No Mayo**						x					x	x							
A473	Egg Mayonnaise on Wholemeal V	x		x	x		x		x			x				x				
A617	Piri Piri Chicken on White			x	x		x		x			x								
A654	Cheese & Onion on White V	x					x		x			x	x							
A667	BBQ Chicken on White			x	x		x		x	x		x				x				
A713	VEGAN Cheese on Granary NEW	x	x	x	x		x					x								
	KIDS SANDWICHES																			
Q01	Kids Ham Sandwich on White **No Mayo**						x					x	x							
Q02	Kids Cheese Sandwich on White V **No Mayo**	x					x					x	x							
Q03	Kids Jam Sandwich on White V **No Mayo**	x		x	x		x					x								
	SIGNATURE BAKERS BREAD SANDWICHES																			
P002	Chicken & Chorizo on Granary Bakers Loaf						x		x			x	x			x				
P003	Tuna Niçoise on Granary Bakers Loaf			x	x		x		x	x		x				x				
P074	Veggie New Yorker on Granary Bakers Loaf V	x					x		x			x	x			x				
P075	New Yorker on Granary Bakers Loaf						x		x			x	x			x				
P076	Ham Hock & Chunky Egg on White Bakers Loaf			x	x		x		x			x				x				
P078	Lemon & Thyme Chicken on Granary Bakers Loaf			x	x		x		x			x				x				
	ROLLS																			
C001	Chicken Mayonnaise White Bakers Roll						x		x				x			x				
C002	Cheddar Cheese White Bakers Roll V **No Mayo**	x					x						x							
C003	Smoked Ham White Bakers Roll **No Mayo**						x						x							
C005	Tuna & Cucumber Granary Bakers Roll						x		x	x			x							
C006	Egg & Cress Granary Bakers Roll V	x					x		x				x			x				
D004	Cheddar Cheese & Pickle Granary Bakers Roll V **No Mayo**	x					x						x					x		
D023	Ham & Cheese Poppy Seed Bakers Roll **No Mayo**						x						x							
	BAGUETTES																			
F125	Mozzarella & Tomato Granary Rustic Baguette V	x					x		x				x			x	x	x		
F126	Parma Ham Granary Rustic Baguette						x		x				x			x	x			
F131	Minty Chicken Tikka White Rustic Baguette						x		x				x							
F138	Smoked Ham & Brie White Baguette **No Mayo**						x						x							
F141	Tuna & Lettuce Oat Topped Sub						x		x	x			x							
F145	Roast Beef, Horseradish & Onion Sub NEW			x	x		x		x							x				
F146	Spicy Southern-Fried Chicken Sub NEW			x	x		x		x							x				
	DELI WRAPS																			
R080	Falafel & Yoghurt in White Tortilla V	x					x		x				x				x			
R090	Hoisin Duck in White Tortilla **No Mayo**			x	x		x					x					x			
R092	Chicken Caesar Salad in White Tortilla						x		x				x			x				
R103	Southern-Fried Chicken in White Tortilla **No Mayo**			x	x		x			x					x					
R105	VEGAN Houmous & Vegetable Crunch in White Tortilla	x	x	x	x		x										x			
R116	Sweet Chilli Chicken in White Tortilla			x	x		x		x							x				
R117	Cajun Chicken in Tomato Tortilla						x		x			x	x			x				
	EVERYDAY WRAPS																			
R132	Tuna & Sweetcorn in White Tortilla NEW			x	x		x		x	x										
R133	Chicken & Bacon in White Tortilla NEW			x	x		x		x							x				
	SALAD TRAYS																			
M007	Chicken Caesar Salad						x		x				x			x				
M028	VEGAN Garden Salad	x	x	x	x		x									x				
M041	Mozzarella & Pesto Salad V	x					x		x			x	x			x				
M048	Moroccan Mezze Salad V **No Mayo**						x						x				x			
M054	VEGAN Asian Slaw Salad	x	x	x	x		x					x								
	PASTA POTS (INDIVIDUAL POTS)																			
H057	Cheesy Tomato Pasta V **No Mayo**	x					x						x							
H060	Tuna & Sweetcorn Pasta			x	x		x		x	x										
H064	Piri Piri Chicken Pasta			x	x		x		x											
	HEALTHY SNACK POTS (PACKS OF 4)																			
M024	Boiled Eggs & Spinach V **No Mayo** (pack of 4)	x		x	x				x											
M025	VEGAN Carrot & Houmous **No Mayo** (pack of 4)	x	x	x	x												x			
M026	VEGAN Cucumber & Houmous **No Mayo** (pack of 4)	x	x	x	x												x			
M030	Smoked Salmon & Eggs **No Mayo** (pack of 4)			x	x				x	x										
	FRUIT POTS & YOGHURTS (PACKS OF 4)																			
J001	VEGAN Mixed Berries (pack of 4)	x	x	x	x															
J004	VEGAN Fruit Salad (pack of 4)	x	x	x	x															
J037	Mango Yoghurt & Granola V (pack of 4)	x					x						x							
J039	Berry Yoghurt & Granola V (pack of 4)	x					x						x							
	HOT EAT RANGE																			
	PANINIS, TOASTIES, BAGUETTES																			
S002	Tuna Melt Panini						x		x	x			x							
S006	Margherita Pizza Panini V **No Mayo**	x					x						x					x		
S018	BBQ Chicken Panini **No Mayo**						x			x			x							
S020	Ham & Cheddar Panini **No Mayo**						x						x							
S201	Ham & Cheddar Toastie **No Mayo**						x					x	x							
S202	Cheddar Cheese & Tomato Toastie V **No Mayo**	x					x					x	x							
S203	Cheddar Cheese & Onion Toastie V **No Mayo**	x					x					x	x					x		
S208	VEGAN BBQ Jackfruit Toastie NEW	x	x	x	x		x					x								
	HOT WRAPS & BURRITOS																			
S312	Southern-Fried Chicken and Bacon Hot Wrap **No Mayo**						x			x			x		x					
S705	Vegetarian Bean Burrito V **No Mayo**	x					x					x	x			x				
S709	Taco Beef Burrito						x		x			x	x			x				
S710	Chicken Tikka Hot Wrap **No Mayo**						x						x			x				
S711	Pepperoni Pizza Hot Wrap **No Mayo**						x						x							
S712	Margherita Pizza Hot Wrap V **No Mayo**	x					x						x					x		
S713	Red Thai Chicken Hot Wrap			x	x		x		x			x								
S714	Chicken Fajita Hot Wrap						x						x			x				
S717	Salsa Meatball Hot Wrap						x						x							
S722	Spicy Chipotle Chicken Hot Wrap **No Mayo** NEW						x						x			x				
S723	Chicken Katsu Hot Wrap **No Mayo** NEW			x	x		x					x			x					
	CIABATTAS, FOCACCIAS, CROQUES																			
S308	Chicken & Chorizo Ciabatta						x		x				x			x				
S309	Mozzarella & Tomato Ciabatta V	x					x		x				x			x				
S317	Meatfeast Ciabatta **No Mayo**						x			x		x	x							
S318	VEGAN Italian Antipasti Ciabatta NEW	x	x	x	x		x					x				x				
S319	Pulled Pork, Black Cheddar & Apple Sauce Ciabatta NEW						x						x							
S401	Pesto Chicken Focaccia						x		x				x			x				
S402	Mozzarella & Tomato Focaccia V	x					x		x				x			x				
S601	Croque Monsieur						x		x			x	x			x				
S603	Hawaiian Pizza Croque **No Mayo**						x					x	x							
	SAVOURIES & HOT BREAKFAST																			
K005	Sausage Roll **No Mayo**						x					x	x							
K011	Ham & Cheddar Croissant **No Mayo**						x		x				x							
K012	Cheddar Cheese & Pesto Croissant V	x					x		x				x			x		x		
S697	Bacon Rustic Roll **No Mayo**						x						x							
S698	Sausage Rustic Roll **No Mayo**						x						x							
S700	Bacon, Sausage & Egg Rustic Roll **No Mayo**			x	x		x		x											
S703	Egg & Mushroom Rustic Roll V **No Mayo**	x					x		x				x							
S704	All Day Breakfast Wrap **No Mayo**			x	x		x		x											
S900	Spicy Southern-Fried Chicken Burger						x						x		x					
	HOT POTS (INDIVIDUAL POTS)																			
H911	Chicken Katsu Curry **No Mayo**								x			x	x							
H912	Beef Ragu with Ditaloni Pasta **No Mayo**			x	x										x			x		
H913	Bacon & Leek Macaroni Cheese **No Mayo**								x				x							
H914	VEGAN Sweet Potato & Green Lentil Curry **No Mayo**	x	x	x	x															